

Red Cross Lifeguard Certifications at the Aquatics Center



**American
Red Cross**



Lifeguarding Certification Times & Dates

**January- 3rd, 5th, 10th, 12th, 17th, 19th, 24th, 26th
Tuesdays and Thursdays 6PM-9PM**

**February- 2nd, 7th, 9th, 14th, 16th, 21st, 23rd, 28th
Tuesdays and Thursdays 6PM-9PM**

**March- 1st, 6th, 8th, 13th, 15th, 20th, 22nd, 27th
Tuesdays and Thursdays 6PM-9PM**

**April- 3rd, 5th, 10th, 12th, 17th, 19th, 24th, 26th
Tuesdays and Thursdays 6PM-9PM**

**May- 14th, 15th, 16th, 17th, 18th
Monday through Friday 5PM-9PM**

**June- 4th, 5th, 6th, 7th, 8th
Monday through Friday 5PM-9PM**

Certification includes
Lifeguard, CPR, AED
and First Aid.

Prerequisite:

Must be able to swim

500 yard Breast stroke & Freestyle.

* You must be at least 15 years of age by the last scheduled session of the instructor course.

* You must successfully complete the pre-course session including the following strokes: Front crawl, Back Crawl, Breaststroke, Elementary back stroke, Side stroke, Butterfly stroke, Floating & Treading water.

Prices

Lifeguard Certification

\$385

Lifeguard Re-Certification

\$135

*Includes Red Cross Registration
and Certification Cards.*

Call for swim test. No refunds.

**For more information please call
the Fieldhouse 732.292.4475**



THE AQUATICS CENTER
at The Atlantic Club