

HIGH FUNCTIONING DEPRESSION AND ANXIETY:

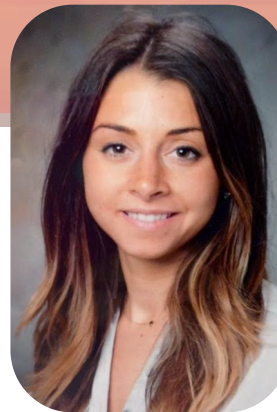


THE PRICE OF *Perfection*

Presented by Dr. Nicole Amoyal Pensak

TOPICS INCLUDE:

- Symptoms of High Functioning Depression/Anxiety
- Coping Strategies
- When to Seek Treatment
- What Treatment Looks Like



ABOUT
NICOLE AMOYAL
PENSAK, PhD

**THURSDAY
JANUARY 19TH**

TIME: 11:00 am

LOCATION: The Atlantic Club Red Bank

FEE: COMPLIMENTARY

**SIGN UP AT THE FRONT DESK -OR-
CALL 732-219-5333 TO REGISTER
(732) 219-5333**



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Dr. Nicole Amoyal Pensak is a Licensed Clinical Psychologist that specializes in treating adults with depression, anxiety, and coping with cancer. Her clinical practice is located in Red Bank, New Jersey Atlantic Coast Mind & Body. Dr. Pensak provides empirically based treatment that is uniquely tailored to meet the needs of each client.

Dr. Pensak received her PhD in Clinical Psychology from University of Rhode Island. She completed her APA accredited internship and specialty training in behavioral medicine at Yale School of Medicine. She completed a postdoctoral fellowship at Massachusetts General Hospital/ Harvard Medical School in psychiatric oncology and a NIH T32 fellowship at University of Colorado, Anschutz Medical Center in Aging and Palliative Care.