

About Dr. DeSilva

Derrick M. DeSilva Jr., M.D. is a practicing Internist at the Raritan Bay Medical Center in Perth Amboy, NJ. He is on the teaching faculty at JFK Medical Center in Edison, NJ. Dr. DeSilva has lectured on various topics in medicine, nationally and internationally, and is a member of the following associations:

- The American Medical Association
- The Society of Internal Medicine
- Past President of the American Nutraceutical Association
- Chairman of Age Management Medicine Conference

Dr. DeSilva has his own radio talk show called "Ask the Doctor," which airs on WCTC Radio in New Jersey (1450 AM), as well as his own television show, "To Your Health", which airs on News 12 New Jersey. He has also authored and published the following books:

- Coping with Lyme Disease - published by Henry Holt, 1993
- Ask the Doctor - published by Interweave Press, 1997

Besides radio, his national television exposure has been attained in hosting medical segments on CNN and appearing as a guest on numerous national television programs, including ABC Night Line.

Dr. DeSilva has been instrumental in the formulation of over 100 different natural products and has been honored with the following recognition:

Named by New York Magazine (June 2001) as One of the Best Doctors in New York Metro Area

- Named by New Jersey Monthly Magazine (Nov. 2001) as One of The Best Doctors in New Jersey
- Beginning in November 1996 through August 2008, was named by Castle Connolly publishing as one of the best doctors in the NY Metropolitan area.

Dr. DeSilva Supplements

ADK: \$24.95

- Supplement with Vitamins A,D and K2 that supports:
 - Bone structure, density, and integrity
 - Proper bone remodeling
 - Calcium utilization
 - Cardiovascular function
- Boosts levels of calcium within the structure of the bone rather than the outer layer as seen in other products.
- Vitamin A is required for normal growth and maintenance of the skeleton throughout life. Involved in bone remodeling.
- Without sufficient levels of Vitamin D, bones can become thin, brittle, or misshapen.
- Vitamin K2 is shown to support normal bone formation and supports deposition of calcium into the bone.

Belly Buddies: \$24.95

- Probiotic
- Microencapsulated to assure resistance to stomach acid and also enhance shelf life.
- Plays an important role in promoting a healthy digestive process and immune function. Helps eliminate bloating

- Prevents intestinal tract infection, reduces lactose intolerance, reduces inflammation and allergic reactions, and regulates gut motility.
- 2 a day, 1 in the morning and one at night.

Calcium-6 with Magnesium: \$19.95

- Includes all 6 sources of Calcium and 3 sources of magnesium with herbs, vitamins and other minerals to provide superior nutrient bioavailability. Your body will figure out which of the 6 you are deficient in and discard the others.
- Helps maintain healthy bone structure, healthy nails, teeth, and normal blood pressure.
- Free of sugar, starch, yeast, salt, wheat, corn and milk

Choles-Trol: \$24.95

- Helps maintain healthy cholesterol and homocysteine levels (researchers believe that high levels act by directly damaging the artery by reducing the integrity of the vessel wall, and interfering with the formation of collagen).
- Contains B Vitamins (Vitamin B6, Folic Acid, and B-12) plus Cholestatin and Guggul Extract
- Promotes healthy cardiovascular function

DIM: \$44.95

- Supports:
 - Weight Management without making you jittery
 - Hormone Balance to support lean muscle mass
 - Metabolism, calorie expenditure and appetite
 - Breakdown of stored fat and increased caloric expenditure to help reduce unwanted fat stores and increase lean muscle mass.
- Promotes a healthy balance of estrogen, testosterone, and progesterone in both men and women.
- Benefits include increased skin, prostate, ovarian, breast, skeletal, joint, and cardiovascular health, lean body mass, efficient fat burning, and better physical conditioning.

Eight E's - Full Spectrum Vitamin E: \$14.95

- Contains full spectrum vitamin E, i.e. tocopherols and tocotrienols along with d-alpha tocopheryl acid succinate in a bioenhanced formulation.
- EIGHT-E's represents a synergistic combination of potent antioxidants along with d-alpha tocopheryl acid succinate that has in addition potential anticancer activity.
- Designed provide robust antioxidant protection and thus reducing the risk for diseases related to oxidative damage.
- Free of sugar, starch, sodium, wheat, corn, milk, yeast, preservatives, and artificial colors, flavors or dyes.

GlucoSynergy: \$34.95

- Helps to maintain glucose levels within normal range
- Support energy
- Aid glucose transport and utilization by cells
- Reduces free radical damage associated with unhealthy glucose levels

Iodine: \$19.95

Magnesium Citrate: \$10.50

- Low magnesium levels can cause metabolic functions to decrease, resulting in stress on the body and reducing the body's ability to absorb and retain magnesium.
- Known for its ability to help maintain normal muscle and nerve function, heart rhythm, energy production and storage, as well as strong bones and teeth.
- Magnesium supports a calm state and assists with calcium and potassium uptake
- Magnesium deficiency promotes excessive muscle tension which can lead to muscle spasms and restlessness

MC B-12 Spray: \$24.95

- MC B-12 Spray is a dietary supplement that helps support energy as well as healthy blood and nerve cells.*
- MC B-12 Spray combines 1000 mcg Vitamin B12 with the active form of vitamin B6 and folic acid in an easy to use spray.
- MC B-12 Spray is recommended for:
 - Athletes
 - Cardiovascular Support*
 - Homocysteine Management*
 - Individuals who have trouble absorbing vitamin B12 from foods*
- Ongoing fatigue and weakness*
 - People needing GI tract support*
 - Vegetarians and Vegans

Omega 3 HP-D: \$24.95

- A high potency Omega 3 fatty acid supplement containing 450mg EPA and 330 mg DHA combined with Vitamin D3. Supports:
 - Cardiovascular Health
 - Immune system function
 - Joint comfort
 - Skin and hair health
 - Mood
- Also promotes cholesterol balance, cardiovascular, joint, and skin health, as well as immune system function.
- Adequate Vitamin D3 levels are important for maintaining blood pressure within normal ranges

Pro-Flora: \$24.95

- Formulated to help produce optimal amounts of digestive enzymes.
- Combines 7 digestive enzymes, 6 digestive oils and lactobacillus (good bacteria). This blend will help support the health of the digestive system.

Prostate Control: \$21.95

- Promotes healthy function of the prostate gland through palmetto berries, a balanced blend of Omega-3 and Omega-6 essential fatty acids, Pygeum.
- Palmetto berries are the premier herbal source of natural prostate function.
- Pygeum is the bark of an African evergreen promotes natural tonic for prostate and urinary tract maintenance.

Q-Caps(COQ10) : \$25.95

- Coenzyme Q10, or CoQ10 is a vitamin-like powerful Dr. DeSilva catalyst and antioxidant substance that is naturally found in every cell in our body.
- CoQ10 is necessary for the production of vital cellular energy, which is essential for every single process of life.
- Low levels of CoQ10 have been reported as a contributing factor to a wide spectrum of heart and vascular conditions.
- The advantages of the superior form of Q10 contained in Q-Caps makes them more absorbable. Benefits include a healthy heart, healthy blood pressure and healthy cholesterol.

Thyroid Basics: \$34.95

- Supports appetite and weight management, energy production, mood, and production of thyroid hormones T3 and T4.
- Chromium regulates blood sugars, helps the body stay in fat burning mode and control cravings.
- Supports the maintenance and proper function of a healthy thyroid.
- ForsLean supports lean body mass through ergogenic activity.
- Folic acid decreases fatigue.
- B Vitamins are needed for metabolism and thyroid function.
- Iodine is required for the production of thyroid hormones T3 and T4.

Tumeric/Gel: \$34.95

- Helps support healthy joint and cardiovascular functions
- Non-GMO
- Pesticide Free